

Melome

Deepen your Spiritual Practice with the joy of Mantra.

A Mantra is a sound, vibration, word, or group of words that are considered capable of "creating transformation." The Sanskrit word mantra translates as "instrument of thought".

- Learn 8 different beautiful Sanskrit Mantras
 - · Inspire & Awaken something within you
 - Experience renewed energy and peace
 - Your own unique benefits will unfold

Mantra 1: Removing obstacles

Mantra 2: Energy Healing Mantra

Mantra 3: Mantra for the Chakras

Mantra 4: Mantras to invoke + balance Masculine/Feminine energies

Mantra 5: Mantras for Sun/Moon energies

Mantra 6: Surrendering Fear to Higher Force

Mantra 7: Protection + Fullfilment Mantra

Mantra 8: Being Divine Love Mantra

For a complementary Mantra course and video journey to this free ebook where I will guide you through these mantras with bonus meditations for each mantra just visit www.lauralight.online

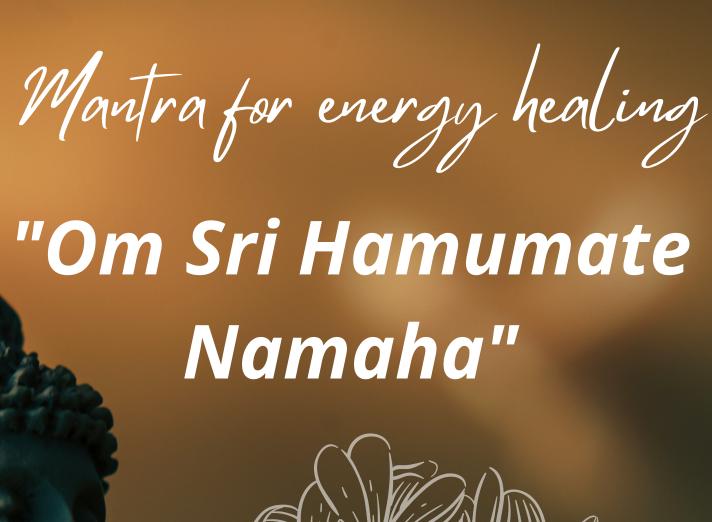
Mantra to remove obstacles

"Om Gum Gunapatiye



"Om and salutations to the remover of obstacles for which Gum is the seed"

Ganesha's Mantra removes and resolves obstacles, energy blocks and inner conflicts that you may be projecting and effecting external situations. This mantra helps you discern the state of mind that is creating and causing disharmony and settles you back into your natural everpresent harmony.





"Om and Salutations to the concious prana"

This mantra helps us to strengthen power, stamina and abilities. Helps healers strengthen their ability to transfer healing prana to themselves or others.



ROOT - SACRAL - SOLAR - HEART - THROAT - 3RD EYE - CROWN

Bija means seed. These are one syllable seed sounds that, when said aloud, activate and resonate with the energy of the associated chakra in order to purify & balance the mind & body.

Mantra for Bivine mazuline



"Om Namah Shiviya"

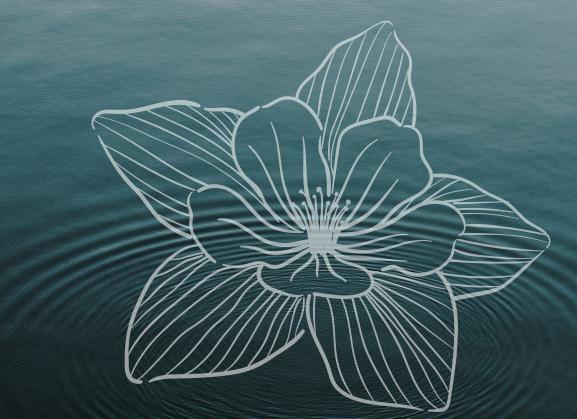
"Adoration to Lord Shiva / Universal conciousness is one"
Use this mantra to honour the masculine nature or one's own
masculine aspect.

Mantra for Vivine

feminine

"Om Tare Tuttare

Ture Swaha"



Also know as the Green Tara Mantra in Buddhism "May the mother of all protect me and fullfill my needs" Use this Mantra to invoke & honour feminine energies.



Chandra is known as the Moon and the the cosmic feminine force. The Moon represents the feminine, whereas the Sun is the masculine. This Mantra helps increase peace of mind, receptivity, surrender and intuition. Since the moon rules over the water element, physiological associations are fluids in the body such as saliva, perspiration, the lymphatic system, digestive system, pancreas, and the female reproductive system.



'Om Suryaya Namaha' means 'Dispeller of darkness.'
With this mantra we honour the sun for giving us warmth,
healing and light. When we chant we charge up the
energy and fields with positive vibrations, shining like the
sun.

Mantra for transforming fear

"Shante Prashante Sarva Bhaya Upasha Mani Swaha"

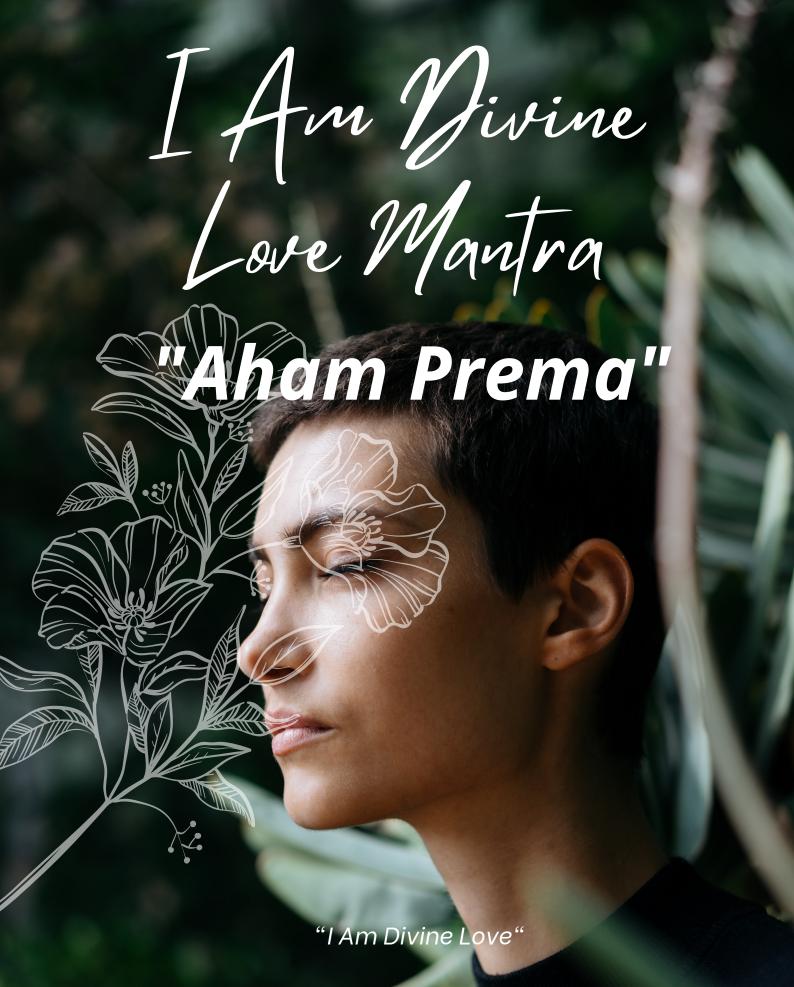
A way we can remove fear is to transform it. To dissolve it back into it's original source and release it's energy which then becomes available to use in creative ways (to uncreate and recreate) This mantra means "To invoke supreme peace. I offer and surrender the quality of fear to its source in the higher and formless universal mind.

Salutations."



"Tattwam Asi"

Identifying with the whole world and with the one eternal infinite love expressed as you yourself



This Mantra is chanted to create and connect with pure love and experience your divine nature as one with love.